

Pasti in prednosti lokalne pridelave

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Izveleček

Lokalno pridelana hrana prinaša koristi posamezniku, družbi ter okolju. Zaželeno je, da se jo vključi v vsakodnevno prehrano odraslih in pa zlasti otrok. Zaradi višje biološke in hranilne vrednosti ter praviloma manjše obremenjenosti z umetnimi sredstvi je bolj kakovostna in s tem ugodno vpliva na rast in razvoj otrok in mladostnikov. Vzgojno-izobraževalni zavodi igrajo tu pomembno vlogo, saj lahko s ponudbo tovrstne hrane vplivajo na prehranske navade otrok in spodbudijo njihov razvoj. Vendar v praksi najdemo številne ovire, ki preprečujejo uspešno sodelovanje javnih zavodov in lokalnih ponudnikov kar se posledično odraža v pomanjkanju ponudbe lokalne hrane v javnih ustanovah kot so šole, vrtci in bolnice. V sklopu projekta Z roko v roki do kakovostne prehrane smo raziskali pasti, ki ovirajo sodelovanje teh dveh subjektov ter ustvarili pogoje za vzpostavitev učinkovitega sistema lokalne trajnostne oskrbe z lokalnimi živili in s tem oblikovali kratke dobavne verige.

Ključne besede: lokalna hrana, javne ustanove, pasti lokalne pridelave, sistem lokalne trajnostne oskrbe

Pitfalls and advantages of local production

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Abstract

Locally grown food benefits the individual, society and the environment. It is desirable to include it in the daily diet of adults and especially children. Due to its higher biological and nutritional value and, very likely, lower exposure to artificial means, it is of higher quality and thus has a favorable effect on the growth and development of children and adolescents. Educational institutions play an important role here, as they can influence the eating habits of children and encourage their development by offering this type of food. However, in practice we find many obstacles that prevent the successful cooperation of public institutions and local providers, which is consequently reflected in the lack of supply of local food in public institutions such as schools, kindergartens and hospitals. As part of the project Hand in Hand to Quality Nutrition, we explored the pitfalls that hinder cooperation of these two entities and created the conditions for the establishment of an effective system of local sustainable supply with local food and thus formed short supply chains.

Key words: local food, public institutions, pitfalls of local production, system of local sustainable supply

Hrana, prehrana, zdravje:

Gojimo, hranimo, ohranjajmo. Skupaj

P. Raspor (ur.)

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